

Abbie's Spinach and Strawberry Salad



16 oz container of baby spinach
1 quart (2 lb) fresh strawberries - sliced
One bag (or 10-12) red radishes – sliced
¼ cup chives or scallions - chopped
1 avocado (you might want 2) – diced
1/3 cup sliced almonds – toasted
Half a small red onion (you could use vidalia for a sweeter flavor) – thinly sliced

Salt and freshly ground pepper to taste.

Put all of the ingredients in a large salad bowl and toss with dressing.

Poppyseed Dressing

1/3 Cup avocado oil
3 Tablespoons Cider Vinegar
2 Tablespoons Maple Syrup (or honey if not totally vegan)
1 Tablespoon poppy seeds
½ teaspoon dry mustard

To make dressing put all of the dressing ingredients in a jar and shake. It can be easier to mix syrup/honey if you heat it first.